

# TERRITORIAL

## Sunrise Chapel

"Helping People Experience Heavenly Joy"

8421 E Wrightstown Rd, Tucson, AZ 85715  
520.298.1245 www.sunrisechapel.org

# April 2012

### EASTER AND SUNRISE

by Nathan Gladish

marked the beginning of a new day for the world, ushering in a new springtime of opportunities for spiritual progress.

My prayer is that each sunrise reminds us of the spiritual regeneration the Lord has in store for all of us. And may we let our light shine before others who have yet to discover what the Lord offers through the teachings of the New Church—so that they may also glorify Him. (See Matthew 5:16)

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Swedenborg teaches that in the Word, "the morning" in the proper sense means the Lord, His coming, and so the approach of His kingdom and the rise of a new church, for the church is the Lord's kingdom on earth. By that kingdom is meant in general when any church on earth is established anew. That kingdom is also with each person who is being regenerated and becoming new. Specifically that kingdom comes as often as good

flowing from love and faith is at work in that new person, for this is what constitutes the Lord's coming. Consequently the Lord's resurrection on the third morning embodies the truth that He rises daily, indeed every single moment, in the minds of regenerate persons. (Based on *Secrets of Heaven* 2405.)

*"Very early in the morning, on the first day of the week, they came to the tomb when the sun had risen."* Mark 16:2

Sunrise is my favorite time of day. Even though it happens every twenty-four hours, there's something exciting about it every time. What an impressive moment when the darkness is dissipated and the sun floods the world with light.

Spring sunrises are my favorites. They remind me of the restoration of life and growth in a world budding with possibilities. They are all the more inspiring since they represent the coming of the Lord to dissipate spiritual darkness and flood people's minds with enlightenment.

The sun of our world represents the heat of love and the light of wisdom we need to sustain our spiritual life. When we darken our lives by false thinking and ill will, the warmth and insight of the spiritual sun can restore order and beauty and usefulness. Through the miracle of His glorification, the Lord Jesus Christ fulfilled the prophecy that "The Sun of Righteousness shall arise with healing in His wings" (Malachi 4:2). His resurrection

### Palm Sunday Service Sunday, April 1



Come celebrate the promise of the Lord becoming our "King of kings and Lord of lords." We will show our love for the Lord with songs of praise and a procession of palm branches.



### Easter Services Sunday, April 8

**7:00 AM early morning Easter** service in the outdoor worship area, followed by light refreshments in Friendship Hall

**11:00 AM Easter Service** followed by an egg hunt for the children and an Easter dinner!

**Good Friday Service  
with Holy Supper  
Friday, April 6 at 7:00 PM**



Expect a memorable experience when you participate in this Good Friday Worship Service. A dramatic reading of the Bible story will be featured, with reflective music in between selections. Relive the Lord's last days, arrest, trial and crucifixion. Participate in the Holy Supper as an integral part of the reading of the Lord's last supper with His disciples. The service will be candle lit, and the chapel will be beautiful.

**From the Music Director, Tryn Rose Clark**

I am blessed to join your congregation and sing with you. When I wave my hands, or even just nod my head as I play the guitar, and you choir members respond, it's delightful and effective! Thank you!

I want to acknowledge Glenn Alden, Dave Evans, Dave Synnestvedt, and Mike Villeburn for troubleshooting our sound system on several occasions. We've discovered a short in my guitar pickup, a plug malfunction in one of the amplifier boxes, a damaged microphone on the ceiling, and we covered a no-longer-working microphone input. I usually look on the 'what we \*can\* do' side of things, but all these issues can be resolved now that we've stared them down! Thank you all for determining the problems so we may go forward from here, making music for ourselves, congregants, and the community.

I look forward to the summertime and to creating more kinds of musical opportunities for Sunrise Chapel. Please let me know if you or your children are interested in offering musical selections in the summer.

~Tryn Rose Clark



**NEWS NOTES**  
by Louise Rose  
& Billie Baty

**ELIZABETH HENDRICKS** from Toronto, Ontario was with us for church on March 25th. She knew Frank and Louise from when they were all part of the church in Kitchener, Ontario, thirty years ago.

**ALAN GRUBB** of Bryn Athyn, PA spent a weekend with the Roses. He seemed to enjoy singing with the choir and being part of the Celebration Sunday.

**TOM HUDNALL**, father of Joy Almond, was in town from Flagstaff and brought his brother David and wife Pat who live in

Louisiana to the service. How nice to see them all.

**STEVE** and **BETSY GLADISH** had fun going to San Diego with their son Steve and his wife Gauri to visit their other son Dave.

**NATHAN** and **ELISE GLADISH** had the pleasure of a two-week visit from their daughter Janine and her husband Brian Smith and their two little children.

**MICKEY** and **SHARON ZOYETZ** have left already for their home in Canada. We will miss them and wish them all the best until we see them again next year. Our congregation benefits very much from our dear winter residents. It leaves a big hole when they go.

We are so sorry to hear that **ART LEE** has had a heart attack, followed by several complications that make his recovery slower than normal. His wife Janet (who sings alto in the choir) reports that Art's youngest daughter Patti is flying in

soon to help and support. They would appreciate our prayers as he and Janet go through this difficult time.

**JUANITA MYRICK** passed away on March 15th and Glenn Alden led the memorial service for her in the Club House of the Mobile Home Park where she lived. Juanita was a white haired woman with a sweet face who first came to Sunrise Chapel as part of the Craft Sale where she sold the jewelry she made. Then she began attending church until she became too ill to come. This poem appeared in the leaflet at her service:

*"She was a lady, proud and willful, yet kind and giving. Always faithful, with a joy of living.*

*Her health was frail but her spirit was strong. She gave her all and now she is gone."*

We say a fond farewell to Juanita and offer our condolences to her family. "She was one of a kind."

**NOTICE OF THE SUNRISE  
CHAPEL ANNUAL MEETING  
Sunday May 20, 2012**

The annual business meeting for members, associate members and friends of Sunrise Chapel will be held on Sunday, May 20 at 12:45pm in the Chapel.

The purpose is to receive reports, to elect Trustees and Officers, to consider and adopt the proposed budget for the upcoming fiscal year, and to transact any other pertinent business as may properly come before the meeting.

The pastor will present his first annual report since moving here last July.

A feature of the meeting will be to consider overall strategic plans for serving more people with the wonderful gifts Sunrise Chapel has to offer.

**THANK YOU FOR THE  
DONATIONS!**

**NEWER COMPUTER  
EQUIPMENT**

Thanks to Glenn Alden and Dave Larson, we now have a newer, more reliable computer for the sound booth! Yea! This will help with the recordings of the services, which will also be posted online on the audio page of [sunrisechapel.org](http://sunrisechapel.org).

**A "NEW" SAGUARO**

Thanks to Ken Lee, his son-in-law Lyle Hanzlick, and Lyle's brother Russ, we have a healthy, "new" saguaro outside the chapel bay window to replace the one that blew down in December.

Check it out!

**CELEBRATION SUNDAY**

Sunday, March 25

On March 25th Sunrise Chapel was the site of a special service in celebration of the completion of the annual Spiritual Growth Program, this year called "Shift – Small Changes. Big Difference." The chairs in the church had been moved into a more circular shape and in the middle a pillar of stones was built to symbolize the pillar that Jacob erected in the desert in praise of the Lord. The chancel was decorated with fresh flowers and had the feeling of a garden. The hymns and special music by the choir and our music director moved our hearts. The theme of the service was Blessings. After reviewing the story of Jacob, which was the basis of the Shift Program, the pastor then introduced a representative from each of the Shift groups to come to the microphone and share with us what the program had meant to them and their members. It was heartwarming to hear how much the support and love in the groups had helped many through rough times and had brought about positive changes in their spiritual life. One of the speakers said, "It was a glimpse of what heaven would be like." The feeling in the room made me think of the song, "There's a sweet, sweet spirit in this place," a lovely positive energy.

As a final meditative exercise, the pastor invited all of us to come and anoint the stones of the pillar with oil or water. It was touching to see people come forward, choose a little vessel and pour its contents over the stones as a form of praise and blessing for the insights and love we have received and shared through the study and reflection on the story of Jacob.

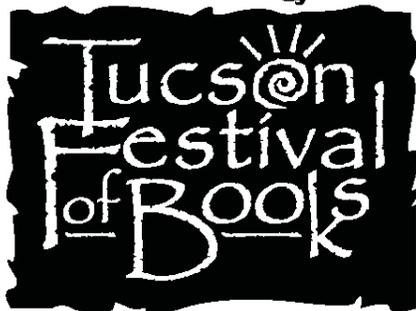
Cards had been placed on the chancel with a one-word blessing on each one (such as "listening" or "peace" or "laughter"). We chose whichever card we wished and considered the one word as either a blessing we have received or as a suggestion of a blessing we might wish to give to others.

Following the service, we were treated to a unique pot-luck meal brought by the different groups, much of it similar to the meals that might have been served in Biblical days. Meat on skewers, with dipping sauces; lentil pottage, colorful vegetables, interesting flavors. The room was buzzing with good energy and this was evident from the way people lingered on, not wanting to hasten away from such a delightful celebration of the Lord's blessings.

~Louise Rose

## SUNRISE CHAPEL STARS AT THE TUCSON FESTIVAL OF BOOKS

Arizona Daily Star



with the University of Arizona.

Presented by:



THE UNIVERSITY OF ARIZONA  
MEDICAL CENTER

"Hello! Are you finding what you want? Here's some information about Sunrise Chapel! Come on over, we have lots of free take-aways. Almost everybody knows Mehmet Oz. Here's a free magazine and he's on the cover. Did you know he belongs to our church? If you love flowers, you can buy our Pastor Emeritus Frank Rose's book on flowers. Everybody loves it. We have copies right here. I hope you'll come visit us sometime!"

Sunrise Chapel had our first booth at the Festival over the weekend of March 10 and 11. Pastor Nathan Gladish and Pastor Emeritus Frank Rose were active leaders both days. We had people working the booth from as far away as Canada and California, and as close as our own devoted congregants. Joy Almond, Trish Wann, Dave Synnestvedt, Mike Villeburn, and others put their attention and time into making the booth look beautiful and keep a friendly presence there during the event.

Élise Gladish, Brian Smith and his wife Janine were on hand to greet and meet people, as were Tryn Rose, Betsy Gladish, Dawn Graffam, and Bob Maginel. Johanna Von Mayr and Shirley Leighton provided their organizational expertise.

What a treat! A hundred thousand people enjoyed the beautiful Tucson weather, four hundred fifty authors, countless books and booths, music, speeches, and plenty of food at the University of Arizona's Mall, in the name of literacy and fun! They raised \$150,000.00 for the Literacy Program of Southern Arizona. Nathan prioritized Sunrise Chapel authors with his valuable perspective that it's the personal connections that draw people. Several authors from the Chapel featured their books, had lively and interesting conversations with former and newly acquired fans, and sold copies of their works. Steve Gladish sold copies of his **Prison Anthology, Freedom of Vision**, along with a little booklet, **Prayer Lines of Stephen**, a beautiful collection of poetic prayers designed to encourage centering and kindness of heart. Shirley Leighton, the best dressed of us all, as usual, shared her spiritual book, **The Endless River** and had a delightful conversation about it with a couple from a church near the Chapel. Pastor Emeritus Frank Rose shared about and sold the most copies in the booth, primarily his unique flower book, **Mountain Wildflowers of Southern Arizona**, as well as his spiritual

books, **Reflections on Providence**, and **Reflections on Heaven and Hell**. Frank Rose and Bob Maginel shared their book, **The Joy of Spiritual Growth**, and promoted their group meeting series starting on April 4th, 2012. Nathan Gladish sold copies of his book, **An Alphabet of Prayers from the Psalms**. The General Church had gathered Nathan's collection together and put it into a lovely format. Tryn Rose Clark shared advertising for her book supporting caregivers of those with Alzheimer's called **15 Minutes of Fame**. She had many meaningful conversations with caregivers, and gave away free copies of the eBook to those who signed up for her mailing list. Many were grateful for the conversations they had on this topic, and as the new Music Director and Volunteers Coordinator, she could promote the Sunrise Chapel at the same time.

*Here is the great value of being at the Festival: to share about our church, our beliefs, and in personal ways, our authors who come from a spiritual philosophy that united the ambience of our booth.* Next year we can develop more free 'take-aways' – about the beautiful property where we reside, about our magnificent wedding program, as well as the programs of the calendar that we are proud of, such as our festival worship services, the Path to Bethlehem, the Arizona Mountain Camp, the Patio Sale, and the Craft Sale.

~Steve Gladish

## **Not Judging by Appearances A Spiritual Growth Task**

One of my favorite things (and there are hundreds) about the Spiritual Growth work is the use of metaphors to help me remember the task. The fish bowl is one of those. If you were standing in front of a huge fish tank, clearly seeing someone else on the other side would be difficult. The fish would get in the way!!! You would focus on the fish and your view of the person would be distorted. The behaviors which drive you crazy are all those various fish darting in and out in front of you. Of course we all know we have a choice whether to focus on the fish or not, but... the fish can also be ours: our insecurities, or fears, or our expectations. So the task is to look beyond the fish and see another as they truly are... a child of God.

*Task 43: When you are with another person and are having some negative feelings or thoughts, notice the connection these reactions have with some kind of relatively external consideration (a fish). Say to yourself "I am not seeing the person; I am just seeing a fish: their fish or my fish." Let the fish swim away and see if you can get a truer picture of the person.*

*Notice any changes in your thoughts or feelings.*

The Journey/Rise Above It Program, an in-depth study of the inner meanings of the 10 Commandments adds another insight into this task. The 1st Commandment is to have no other gods before our face. That means to let nothing in your life

get in the way of your relationship with God and His love. A false god could be the way we spend our time and put other activities in place of our connection with God. Maybe it is the negative emotions that rob us of the happy life the Lord wants for us. Workaholism, TV, food, even something as good as exercise can be done to excess. When we need comfort, do we turn to these external "gods" instead of the Lord? Or maybe our anger, despair, or judgment stops us from being aware of God's immediate presence.

It is as if He stands on the other side of the fish bowl with His arms outstretched and full of blessings for us. We miss the whole picture because we focus on the fish, those false gods that float in front of us.

Often the Spiritual Growth tasks ask us to just turn on the light and identify what keeps us in the basement. Once the light is on, the "beasts" scatter. So identifying our false gods or our fish will bring us one step closer to experiencing God's love in our life. And isn't that what we all are searching for?

~Betsy Gladish

philipmartin.info



## **JOIN US ATOP MOUNT LEMMON FOR THE ANNUAL SUNRISE CHAPEL ARIZONA MOUNTAIN CAMP**

Tuesday July 3 at 3pm thru  
Sunday July 8 at 3pm

Arizona Mountain Camp (AMC) is for people of all ages - not just for kids. No matter your age, there is fun, fellowship and spiritual nourishment for all. Bring your entire family, friends and neighbors and enjoy five blissful days in the cool pines atop Mt. Lemmon. In addition, on the morning of July 4th, we will be participating in the Summerhaven parade!

People come from Tucson, as well as Phoenix, California, New Mexico, and other states even farther away. People come to discuss spiritual things and how they can grow closer to God and to each other. Kids love the time at camp and you constantly hear their laughter and excitement of spending their days outside with one adventure after another.

Since last year's camp was cancelled because of fire danger, we are carrying over the theme to this year –

### **"The Tree of Life"**

If you cannot stay overnight, you can still come for the daytime, which includes enjoying meals. We want you to come and experience this little bit of heaven on earth!

## From the New Volunteers Coordinator

I am glad to see you all more often as I make my way down from Phoenix.

You all make *all* the difference to Sunrise Chapel. I have witnessed this many times in the last month, from those who give ongoing support on a Sunday (in the sound booth, sweeping the grounds, teaching our children Sunday School, decorating the altar, and in many other ways) to those who dig in the mud to find the water switch-off (Lex Waddell), or plant a new saguaro to view from our sanctuary window (Ken Lee), and keep us well-fed and donating to our church's needs (Kitty Aughey and Jean Ross). I name some people here, and have many more to discover and appreciate. Life at Sunrise Chapel happens because of all of us. Thank you.

I have directed choirs for years, and discovered this: that if you stand a less-strong singer next to a confident one, you get two strong singers. This is my philosophy as a music facilitator, and I see this principle operating in regular life as well, to invite people to serve together and mentor each other

about how best to do that for the sake of each other, and the group. What is a church for? I believe it is for serving our spirits so we can join the world and give what we can offer in beautiful ways. This means praying for God to come as close as we are willing, and to bring the best resulting energy to serving others.

I learned to pray a valuable way at a United Church of Christ in Michigan as a teenager. It was a concentric circle approach; the minister invited prayers for our own hearts and minds; then for the other congregants; then for the town of East Lansing; the country and its blessings and struggles; and the world, that God could be present with everyone suffering and celebrating. This earthly plane contains it all, and it must, since our freedom is the most important part of being human. I believe we can garner strength and hope by connecting in community. I believe that is what a church is for.

That's why I'm here. I hope you are glad to be here, and realize your value here.

Thank you for all you do to build the circles within the circles at Sunrise Chapel.

~Tryn Rose Clark

## April is The Women's Guild's Busiest Month

**EASTER DINNER** will be served after church on April 8<sup>th</sup>. Signup sheets are in the Chapel foyer. It will be a special meal!

**THE PATIO SALE** is April 27 and 28!

This is the Women's Guild annual fund raiser. We support repairs and refurbishing projects throughout the church, Sunday meals, Christmas gifts for the children, and lots more. Come see the newly refurbished bride's room.

While the sale is Friday and Saturday (April 27 & 28), we also need help on Wednesday the 25<sup>th</sup> and Thursday the 26<sup>th</sup> to assemble clothing racks, bring items from the sheds, organize, price items and make displays attractive.

On sale days we need cashiers and floor help!

On Saturday we close at noon and pack up unsold items which we pass along to the Desert Church for their sale.

We have fun as we work...JOIN US!

Please contact Jean Ross at 429-6045 to offer your help.

## Patio Sale

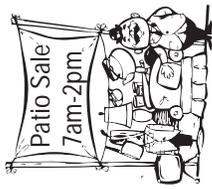
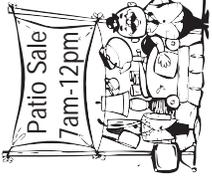
**April 27 7am - 2pm**

**April 28 7am - 12pm**

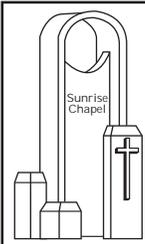


# Sunrise Chapel April 2012



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>  <b>Palm Sunday</b> 9:30am Choir Practice 11:00am Worship Service	<b>2</b> 7:00pm Meditation (call ahead for info)	<b>3</b> 6:30pm Bereavement Support Group Three months until the first day of Arizona Mountain Camp!	<b>4</b> 7:00pm Spiritual Growth Group #1	<b>5</b> 10:00am Coffee 1:30pm Arcana Project 3:30pm Choir Practice 7:00pm Men's Group	<b>6</b> 7:00pm Good Friday Service with Holy Supper	<b>7</b>
<b>8</b>  <b>HAPPY EASTER</b> 7:00am Easter Service 9:30am Choir Practice 11:00am Easter Service 12:00pm Easter Dinner	<b>9</b> 7:00pm Meditation (call ahead for info)	<b>10</b> 6:30pm Bereavement Support Group	<b>11</b> 7:00pm Spiritual Growth Group #2	<b>12</b> 10:00am Coffee 1:30pm Arcana Project No Choir Practice today No Men's Group tonight 5:30pm Stewardship Committee Meeting	<b>13</b>	<b>14</b> 10:00am Choir Practice 2:30pm Private Wedding and Reception
<b>15</b> 9:30am Choir Practice 11:00am Worship Service 12:45pm Board Meeting	<b>16</b> 7:00pm Meditation (call ahead for info)	<b>17</b> 6:30pm Bereavement Support Group	<b>18</b> 7:00pm Spiritual Growth Group #3	<b>19</b> 10:00am Coffee 1:30pm Arcana Project No Choir Practice today 7:00pm Men's Group	<b>20</b>	<b>21</b> No Choir Practice today
<b>22</b> 9:30am Choir Practice 11:00am Worship Service	<b>23</b> 7:00pm Meditation (call ahead for info)	<b>24</b> 6:30pm Bereavement Support Group	<b>25</b> 7:00pm Spiritual Growth Group #4	<b>26</b> 9:00am Territorial Assembly & Mailing 10:00am Coffee 1:30pm Arcana Project 3:30pm Choir Practice 7:00pm Men's Group	<b>27</b>  Patio Sale 7am-2pm	<b>28</b>  Patio Sale 7am-12pm
<b>29</b> 9:30am Choir Practice 11:00am Worship Service w/Holy Supper Birthday Sunday AMC Luncheon	<b>30</b> 7:00pm Meditation (call ahead for info)	<b>Other Events</b> Tue. 5:30pm Self Defense Classes Wed. 10:30am Japanese Family Play Group 1st & 3rd Thurs. 6:30pm Global Chant Fri. 6:30pm Buddhist Meditation		<b>AA &amp; AL-ANON MEETINGS</b> Mondays AA - 6:00pm Tuesday AA - 11:00am Wednesdays Al-Anon - 9:30am; AA 7:30pm Thursday AA - 6:30am Sat AA Men's - 8:00am; AA Women's 11:00am Sundays AA 5:00pm; AA Meditation 7:00pm		

Nathan & Elise Gladish & Frank Rose attend Impact 365 Seminar at Oak Arbor Church in Rochester, Michigan



## SUNRISE CHAPEL

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## The Territorial is Going Electronic!

### *Attention Readers!*

**THANK YOU** to those who have sent in your mailing preference. As stated last month, *we will continue to provide printed copies for anyone who requests them.*

This April issue a transitional one as we switch to sending more electronic copies. If you haven't let us know your preference, please email [nathan@sunrisechapel.org](mailto:nathan@sunrisechapel.org) or send a note with your preference to:

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Tucson AZ 85715

If you want to continue receiving a **printed** copy of the Territorial by "snail mail," please send a contribution to Sunrise Chapel. We suggest a minimum \$10.00 per year. (Be generous!)

Make check payable to **Sunrise Chapel**  
(Memo: *Territorial*)

Thank you for your support of  
**Sunrise Chapel!**