



TERRITORIAL

November - December 2013

“Helping People Experience Heavenly Joy through Spiritual Growth”

8421 E. Wrightstown Road • Tucson, AZ 85715 • 520-298-1245 • SunriseChapel.org

“He Will Be Great”

By Nathan Gladish

Speaking of the baby to be born of Mary, the angel said, *“He will be great, and will be called the Son of the Highest; and the Lord God will give Him the throne of His father David... And of His kingdom there will be no end.”* (Luke 1:32, 33)

If you were Mary, hearing this message for the first time, what would you think? Amazing words: that the son born to her will become so important, so influential—so great!

Did the Lord accomplish that goal? In a way, no. As far as the Jews of the day were concerned, He didn’t become the great worldly king they were hoping for. He didn’t literally inherit the ancestral throne of David. Whatever progress He had made in His short life seemed to crumble at His early death.

But the Lord did fulfill this prophecy. He became the greatest spiritual leader. By coming into the world, He was able to be victorious over everything evil and false. He became a heroic example of triumph over all temptation.

Was His motive to become great? He acted without any selfish motives from divine love and wisdom. He wasn’t trying to impress anyone so that we could talk about how nice an idea of God we have. Listen to how the Secrets of Heaven states the reason for His coming and His ministry:

In all His efforts, the Lord never fought from selfishness, or for Himself, but for all in the universe, consequently, not that He might become the greatest in heaven, and scarcely even that He might be the least; but only that all others might become something and be saved. (Secrets of Heaven #1812)



The Lord came so that all others might become something and be saved. He wasn’t doing anything just so that He could become great. His name explains. “Jesus” means the one who saves. He came to provide for the possibility of everyone else’s spiritual safety and happiness. And in doing so He became our great example of service to this cause. As He taught,

“Whoever would be great among you must be your servant, and whoever would be first among you must be servant of all. For the Son of Man also came not to be ministered to but to minister.” (Mark 10:37, 43-45)

This was His focus and purpose. He didn’t waver from it. It was His whole effort. And we’re taught that the great victory He sought was so important that He could not consider anything but accomplishing it:

The Lord was filled repeatedly with an inmost confidence and faith that, because it was pure love out of which He was fighting for the salvation of the whole human race, He could not but be victorious. (Secrets of Heaven 1812)

The Lord’s goal was to do all He could so that all others, including you and I, could become something and be saved. That “something” that He

wants everyone to become is a person of spiritual integrity, combining the qualities of goodness, truthfulness and usefulness. And the more we accomplish this, the more the Lord can save us from experiencing and acting out the opposite tendencies that only draw us down.

This holiday season, let’s pray that the prophecy of Jesus’ life comes true in our lives, that “He will be great” - our great hero and leader - and that He will lead us to spiritual safety.

“O magnify the Lord with me, and let us exalt His name together.” Psalm 34:3

SPIRITUAL GROWTH CORNER: How Does Spiritual Growth Work For Me?

By Frank S. Rose

Life is a journey, quite a challenging one for many people. We catch a glimpse of the difficulties other people face, though we never really know what it is like for them to go through them. Each of us has a set of problems that we face. There is a common denominator in the immense complexity of human lives and situations. No matter what their status in life or what they are dealing with, all people have some choices in how they respond to the challenges that life gives them. What is a curse for one person may turn out to be a blessing for another. What is a curse for one person at one time in life may be a blessing at another time. It all goes back to our inner response to whatever we face.

The work that we do in our own inner thoughts and feelings is our spiritual work. To do this work we need to be conscious. We need to be able to observe ourselves and make choices about how we react internally to life's challenges.

Since this inner work is private we are in no position to make judgments about how other people are dealing with the challenges in their lives. We can observe behavior and make inferences from it, but we cannot know for sure what kind of struggles are going on in their conscious minds. It is enough for us to take responsibility for our own internal state of mind, and do whatever we can to make it positive and helpful. This inner work can be our greatest contribution to the welfare of others. Instead of muttering about the bad things "out there" we can put our attention to doing all we can to improving the state of our mind "in here."



IN MEMORY OF HERBERT RIDLON

By Louise Rose

How can we describe our friend Herb Ridlon, who passed away on November 8? He had a gruff exterior which covered up a very soft heart within. Herb's long military career led to a no-nonsense approach while he was our longtime treasurer at Sunrise Chapel, and yet on many occasions he surprised us by being both lenient and generous when he felt it would benefit the people of the church.

We used to have staff meetings on Monday mornings where often ideas would come up about something that might be good for Sunrise Chapel. Within an hour, Herb would be on the phone taking steps to make it happen. He knew just who to call. We are deeply grateful to the Lord for sending us such an outstanding manager / treasurer while we were becoming established.

From time to time, Herb would show up at the church with some crazy toy, like a bear who would sing "Santa Claus is coming to town" or a cross-eyed cowboy who would do a dance to make us laugh.

He and his beloved partner Dottie were touchingly devoted to each other in a way that moved us all. One time we were having a meeting at the church which happened to be on their wedding anniversary.

Suddenly the door opened and in came a quartet of singers asking which of us was Herb. As soon as we pointed him out, they sang with feeling "Let me call you Sweetheart, I'm in love with you". This was Dottie's surprise anniversary gift to him, which we all found enjoyable as Herb laughed and blushed a bit. He and Dottie had started coming to church about twenty years ago after attending a wedding there.

Since Herb's retirement, he and Dottie gradually became more and more housebound. In recent months their health became problematic which led to Herb having a long hospitalization and Dottie moving into a care home, where she remains.

We like to remember him full of life, stepping out of his office at the church with a cheerful "Good morning, pretty lady, what can I do for you today?"

Herb, you will be sorely missed. Thank you for all you did for us. Your life meant a great deal to us.



**BOOK REVIEW CHOSEN FOR ITS CATCHY SUBTITLE
WITH AN APPLICATION TO LIFE By Steve Gladish
SACRED MARRIAGE, By Gary Thomas: WHAT IF GOD DESIGNED
MARRIAGE TO MAKE US HOLY MORE THAN TO MAKE US HAPPY?**

Marriage is a challenge and an aid to improving our devotional life, just as athletes seek challenges to improve their performances. Without marriage, I have no impetus to change. I have nobody to change for, to change with. My partner is the mirror where I can see myself. For everybody else we put on our best face—as they do us. In the first months or years of marriage we may still be able to put on our best face, but longer than that is doubtful.

One of the ways of improving my marriage is to unmask my sin and hurtful attitudes, which leads me into the spirit of humility and on the path of righteousness. As I am created in the image and likeness of God, the intent and spiritual goal is to become more like Jesus. Look at all His biblical teachings. I fall short all the time. That is the meaning of sin.

One definition of sin is “error.” That is easier to acknowledge, and easier to change. God loves us and forgives us all the time. Hiding my sins and judging others takes me on the wrong path, where I escape God. As I shuck the burdens of my selfishness, I increasingly rise lightly toward heaven. I think and I repent: I grow more feathers for my wings so God can lift me up with the strength of an eagle.

It is good for me alone to hold up a mirror to myself, my sins, my character flaws, my selfishness. I can’t solve a problem until I see it. I can’t hide myself. I sleep in the same bed. I am under twenty-four hour natural surveillance. The truth will make me free, but first it may overwhelm me. Sincere humility is the foundation of all virtues.

I must not give in to the temptation to resent my partner when her own weaknesses are exposed or revealed. Do I use this knowledge to criticize or humiliate or gain power over her? No. I must give my bride the freedom and acceptance she needs to face her own weaknesses. To demonstrate humility not judgment is much more freeing. The Golden Rule rephrased: **As** I treat others, so will others treat

me. If I want love and forgiveness, I must first give it. Accusations may be more comfortable, but admission of my own sinful behavior keeps me in the Lord’s flock and on the holy path.

Marriage is my entryway into sanctification—a relationship that will reveal my sinful behaviors and attitudes, and give me the opportunity to address them before the Lord. He is still my shepherd. He is committed to me and will never give up on me. He gave me the key to heaven.

Much of the marital dissatisfaction seen in all corners of our country stems in actuality from self-hatred. We don’t like what we’ve become or what we have done. Oceans of advertisements, television shows, and video games encourage narcissism and self-absorption. We are what we eat, and what we see. What happened to **Put Family First**? We owe it to our



children to show our commitment to God and to our marriage vows. How can they find marital happiness or religious satisfaction with our bad examples? We let selfish and sinful attitudes poison our thoughts, which can lead us into shameful behaviors, especially judgment; and all of a sudden, we want **out**.

The mature response is not to leave; it’s to change—ourselves. Some mistakenly believe fulfillment can only be found by changing partners, or by separation. **The changed partner we need is ourselves.** Changing ourselves brings the most fulfillment. How can we not be happier...“Just a closer walk with Thee, granted, Jesus, is our plea...” As mature church members of every kind, we find our fulfillment in living faithfully before our God or our Higher Power.

We will never find joy by doing something that denies or offends our God, or closes the door to Him. Our pride, our rebellion, our ego of marching to our own drummer, not on a marital mission, not holding our wives and children’s hands, and not looking up, lives by its letters: (EGO) Ease God Out. If we stand by the (LATCH) Love Admission Thankfulness Compassion Humility, we let God back in.

A GREAT BIG THANK YOU TO EVERYONE FOR HELPING HOST THE GENERAL CHURCH TREASURERS MEETING ON NOVEMBER 9

Over two dozen out-of-town guests attended the Treasurers Meeting on November 9 hosted by Sunrise Chapel. The group included church treasurers and other executive personnel from various congregations in North America as well as a treasurer all the way from the Ivory Coast in Western Africa. It was a privilege to welcome them. For many, including our new Executive Bishop, Brian Keith, this was their first time to Tucson and to Sunrise Chapel. For some treasurers from Western states, it was their first time attending this annual event because it has never before been held west of the Mississippi.

Thanks go especially to our own treasurer, Art Watson, for much of the organization behind our hosting. He and his wife, Carol, put on a delightful open house on Friday night. Thanks also to Louise Rose for coordinating housing. And thanks to Kitty Aughey and Jean Ross for providing food on Saturday for breakfast, snacks and lunch. Thanks also to Betsy Gladish, her kitchen helpers, and everyone who brought food for the delicious covered dish dinner Saturday night! And finally, thanks to Frank Rose who gave a delightful, educational and funny slideshow (bi-lingual, even!) for some 60 members and guests.

NEW BOOK AVAILABLE IN OUR LIBRARY Emanuel Swedenborg - Exploring a "World Memory" - Context, Content, Contribution

Edited by Karl Grandin

In 2010, the Royal Swedish Academy of Sciences—the institution that awards the Nobel Prize—hosted an exclusive symposium where top scholars shared new insights into Emanuel Swedenborg's ideas and influence. Held at the Center for History of Science in Stockholm, the symposium marked the completion of a digital catalog preserving the Academy's Swedenborg archive as part of UNESCO's World Memory program.

This new book presents the symposium's papers, divided into three categories: "Content" explores Swedenborg's thought across diverse disciplines; "Context" examines his place in eighteenth-century philosophy; and "Contribution" looks at his influence on Western culture.



These papers present a rare insight into Swedenborg, who was a member of the Academy during his own lifetime. Although the symposium invited only a limited number of attendees, now this new scholarship on Swedenborg is available to all.

Interview with Our Treasurer, Art Watson

Art, thanks for being Sunrise Chapel's treasurer. How long have you been volunteering in this position?

I became a member of the Sunrise Chapel Board in May of 2007, so my first fiscal year as treasurer was 2007-2008. I'm in my 7th year.

Time flies when you're having fun! What do you enjoy about this role?

The sense of accomplishment and the progress Sunrise Chapel is making toward financial self-sufficiency.

What was a highlight of hosting the recent annual Treasurers Meeting here at Sunrise Chapel?

The gathering of treasurers and spouses at my home having a great time socializing. Seeing everyone making connections – some for the first time – that warmed my heart.

From your perspective as treasurer, how is the current Curb Appeal project going?

I am very grateful to everyone who has contributed! We took in a little more than our original goal of \$10,000, which is great. It's also great to see the new parking lot and the new doors to Friendship Hall installed. And I'm looking forward to the building being painted. bids, I am also eager to let people know of the opportunity to continue to support this project.

What is it like for you to see Sunrise Chapel making progress toward financial sustainability?

As I look at the numbers, I am both excited and nervous. We are making progress toward our goal, but it's not going to be a piece of cake. Our annual grant from the General Church will continue to be aggressively reduced each year. We need to be creative in meeting the needs of more people and expanding the awareness of our ministry. It will take everyone's support to reach our goal.

We know many people are in challenging financial situations with reduced and fixed incomes. Do you have any suggestions for what members and friends can do to continue supporting Sunrise Chapel without it being a financial hardship?

Keep in mind the pride and responsibility of ownership of our house of worship and remember: it is our time, talents, and treasures that keep Sunrise Chapel moving and thriving.

Thanks, again, for your dedication to Sunrise Chapel, and for all the attention to detail that you give in your role as Treasurer.



NEWS NOTES

By Billie Baty and Louise Rose

We would love to have news of you and your family to put into these Notes. Just contact Billie 298-2995 or Louise 721-1091 and let us know what's happening with you and yours. Thanks!

Congratulations to BRIAN HURD on having one of his beautiful landscapes he created about three years ago featured on TCSS Garden tour Saturday October 12. We will also be able to see it showcased in Tucson Lifestyle magazine. How exciting!



Congratulations to MATTHEW BABCOCK on being one of eleven students chosen from the Academy of Tucson School to have the opportunity to take part in the Wright Flight Program. To be chosen the student must set an academic goal and then achieve it. There were only 25 students in all. They all got the chance to fly an actual airplane for one half hour each. What a memorable time for these lucky kids. After the flight they were awarded a certificate along with a special tee shirt that can only be earned by their achievement in this program, and, of course their picture taken. Wow, how cool is that?

Our condolences to JACK and BILLIE BATY on the passing of their longtime friend Dale Karnatz. Dale will be greatly missed.

JEAN and BOB ROSS took a trip this summer after her heart procedure. Here is a summary that Jean wrote for us of what they have been up to. They visited England, Scotland, Ireland and Wales, with a final stop in Paris.

While in Scotland Jean saw her homeland of Dunoon, her father's home, Glasgow, and Bob's grandfather's birthplace. After going to Dumbartonshire where Jean's mother was born, they travelled to Edinburgh where Jean lived as a child with her family. On to London where she went to school and where her mother worked in the House of Commons waiting on the Honorable Sir Winston Churchill and many other dignitaries. When she was young, Jean would walk in and out of the gates of the House of Parliament to get her Mom. Not today, as it is so well guarded.

Bob and Jean were in London on the day the Royal baby was born. They were in Westminster Abbey where the bells rang all day and where they could also hear guns firing to honor the new Prince George.

Paris was also a wonderful place to see. The old buildings are a sight to behold. They also had a river ride down the Seine.

Upon arriving back in Bend, Oregon, Jean fell ill again with her heart, only to find out after several heart doctors worked on her, that the stent which had been placed in her heart valve was rusted and bent and that metal stents should not be used in the heart. Jean's surgeon replaced it with a treated stent. Thanks to the doctors in Oregon she is on the repair again and is now in her winter home in Arizona.

Congratulations to the WOMEN'S GUILD and ALL THE CRAFTERS for another successful Craft Fair and Boutique held the first weekend of November. What a nice way to welcome the community to Sunrise Chapel and to visit and shop at the same time.

In Memory of Anne Fuller

In Anne's honor, her children recently donated a tree that is now planted in the Sunrise Chapel Memorial Garden right near the plaques for Ann and the Fuller's son Craig who died in infancy.

Here is a note from the Fuller children.

"To our Friends at Sunrise Chapel,

We especially want to thank you for all the love and support you gave to Mom and Dad over the years! They felt "so loved" and so welcome from the moment they moved to Tucson and joined their family at Sunrise Chapel. You made them feel right at home!

We know Mom is in a better place now, but her memory will certainly live on forever! Thanks again.



With love always from Holly and Kerry Zuber and family, Laurie and Dan Volocyk and family, Beth and Paul Appleton and family, Al Fuller and family, and Keith and Linda Fuller."

Thanksgiving Outdoor Worship Service 10:00 am Thursday, November 28

Everyone is invited to a special outdoor, family service to celebrate our gratitude to the Lord.

Note the time - 10 am.

Light refreshments following in Friendship Hall.

ANNOUNCEMENTS, UPDATES AND REPORTS

Care for Our Church Day

This Saturday, November 23 is a day to come to Sunrise Chapel and help with preparations for our annual Path to Bethlehem. There are opportunities to help spruce up the grounds, string lights, put up the sets, and help decorate. We are looking for someone who can help dress our wisemen figures that are placed at the roadside to attract attention to our event.

Work day starts at 8:30 am and goes until noon or as long as people want to stay.

Teen Sunday School – December 1

“Bible Sunday School for Teens” is actually open to children age 12 and up. So far this monthly class has covered: (1) an overview of the Bible, (2) the idea that the Bible stories have a deeper meaning for our lives, and (3) the importance of daily Bible reading.

- Next topic on December 1: A focus on the New Testament and the richness of parables

Michael Brown, leader. If you have any questions please speak with Élise Gladish, Sunday School coordinator.

Marriage Group – December 14

The group decided to continue meeting on Saturday afternoons from 4:00-5:30 pm. Our next scheduled meeting is Saturday, **December 14 at 4 pm**.

We are currently studying the work of Emerson Eggerichs on “Love and Respect.” We recommend you check out his website:

www.loveandrespect.com

Watch the main introductory video. You can also search You Tube for any videos with Emerson Eggerichs in them. He is an insightful and entertaining speaker who helps shed light on the basic differences between men and women. And Élise and I

especially like the parts of his message that so nicely align with our understanding of what the Lord teaches through Emanuel Swedenborg.

All married couples are welcome to attend this group. Everyone benefits from the variety of ages and experience! **RSVP to Élise or Nathan.**



CHRISTMAS SEASON INFORMATION

Poinsettias for the Church Chancel

It has been our custom to decorate the chancel during the Advent Season with poinsettias, given in memory of a loved one. If you would like to make a monetary donation toward one of these poinsettias, please contact the church office, Élise Gladish or Louise Rose. If you like, the name of your loved one will be listed in one of the holiday bulletins.



Christmas Trees for the Chancel

We would like to grace our chancel with the sight and scent of fresh evergreen trees for our Christmas Services. Please consider making a donation toward these special decorations. If you write a check, please write a descriptive note on the memo line. Thank you!

Angel Tree

This Christmas Sunrise Chapel Care Team is sponsoring an Angel Tree in support of The Shyann Kindness Project. The organization holds an annual Christmas party for children in need. This year they particularly need donations for gifts for children 10 years old and up. The Care Team invites you to choose an “angel” from the Christmas tree in Friendship hall, which will list particular suggestions for gifts for the children. Just purchase a new gift and bring it unwrapped back to Friendship Hall to be collected for donation by December 15th. Or you may simply purchase any gift you think a child would like and bring it to the church. These small acts of kindness will brighten a child's life this Christmas.

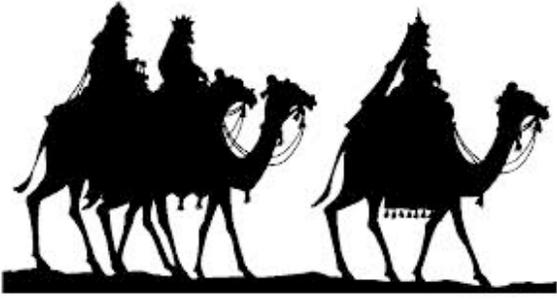
Christmas Tea and Ornament Exchange

Élise Gladish invites all ladies to her home for a chance to share a little Christmas cheer with one another over a cup of tea and Christmas goodies. To add to the fun, please bring a nicely wrapped Christmas ornament for an ornament exchange. The tea will be Sunday, December 1, 4:00 PM



809 S Smokey Mountains Rd. Tucson AZ 85748.

Please RSVP to Elise at 520-820-1284.



December 19 Service Project -- Helping Families at Ronald McDonald House

We are forming a team of folks from Sunrise Chapel who would like to help make and serve a lunch for families of sick children who stay at Ronald McDonald house during the child's treatment. It is hard having a sick child, and hard to be away from home at this stressful time. Ronald McDonald house provides a home away from home for these families, and they rely on volunteers to bring nutritious meals for them. We thought it would be a wonderful way to reach out to others this Christmas season through this volunteer project. If you would like to help, please contact Betsy Gladish at 520-360-3652.

The Sunrise Chapel lunch team is scheduled for Thursday, December 19 starting around 10:30 am.

Daily Inspirational Readings for the Christmas Season

To add meaning to your celebration of Christmas, consider reading a short, inspirational message each day from December 1-26. The staff of the Glenview New Church, near Chicago, has once again prepared a set of readings and reflections, this time focusing on the internal sense of each part of the Gospel story. The program is designed to invite meditation on the Word of God and to encourage your own personal reflections.

To sign up to receive the readings in a daily email, go to www.newchurch.org/materials/programs/holiday-readings

To get your own printed copy (\$5 suggested donation) order one through Sunrise Chapel or contact Nathan.

Christmas Services

Christmas Eve - Tuesday, December 24

7:00 pm - Family worship service, followed by gifts for the children

7:45 pm - Refreshments and social time in Friendship Hall

9:30 pm - Candlelight worship service (note the earlier time from previous years)

Christmas Day - Wednesday, December 25

11:00 am - Family worship service





November/December 2013



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 24 9:30am Choir Practice 11am Worship Service 12pm AMC Luncheon 12:45pm Small Group Ministry discussion w / David Lindrooth	25 6pm Meditation	26 6:30pm Bereavement Support Group	27 1:30pm Divine Providence Class w/ Mike Brown	28 <i>Thanksgiving Day</i> 10am Outdoor Worship Service (No Men's Grp)	29	30 9am Nature Hike, led by Frank Rose Meet @ church
December 1 9:30am Choir Practice 9:30am Practical Spirituality Class 11am Worship Service 11:15am Teen Sunday School 12:45pm Women's Guild Mtg 4pm Christmas Tea & Ornament Exchange	2 6pm Meditation	3 6:30pm Bereavement Support Group	4 1:30pm Divine Providence Class w/ Mike Brown	5 6pm Path to Bethlehem Rehearsal	6	7 6-8 pm Path to Bethlehem
8 9:30am Choir Practice 11am Worship Service	9 6pm Meditation	10 6:30pm Bereavement Support Group	11	12 7pm Men's Group	13	14 4-5:30 pm Marriage Group
15 9:30am Choir Practice 11am Worship Service 12:45pm Board Mtg	16 6pm Meditation	17 6:30pm Bereavement Support Group	18	19 10:30am Ronald McDonald House Lunch Team 7pm Men's Group	20	21
22 9:30am Choir Practice 11am Worship Service	23 6pm Meditation	24 <i>Christmas Eve</i> 7pm Family Service 9:30pm Candlelight Svc	25 <i>Christmas Day</i> 11 am Worship Service	26 (No Men's Grp)	27	28
29 9:30am Choir Practice 11am Worship Service and Holy Supper	30 6pm Meditation	31 6:30pm Bereavement Support Group	January 1 <i>Happy New Year</i>	2 7pm Men's Group	3	4 9am Nature Hike, led by Frank Rose Meet @ church

AA & AL-ANON

Monday AA 6pm

Tuesday AA 11am

Wednesday AL-ANON 9:30am, AA 7:30pm

Saturday Men's AA 8am, Women's AA 11am

Sunday AA Meditation 7pm

Other Regular Events

Monday & Thursday 9am - Yoga

Tuesday 5:30pm - Self Defense

1st & 3rd Thursday - Global Chant



The Territorial of Sunrise Chapel
8421 E. Wrightstown Road
Tucson, AZ 85715

NON PROFIT
US POSTAGE PAID
TUCSON, ARIZONA
PERMIT NO. 1622

RETURN SERVICE REQUESTED

Sunrise Chapel Presents...

The Path to Bethlehem

Saturday, December 7 from 6:00-8:00 pm

A live, outdoor, walk-through nativity, featuring 5 scenes of the traditional Christmas story
Take a walk on our Path to Bethlehem on the grounds of Sunrise Chapel.

- Free, family-friendly, and open to the public
- Live actors in period costumes
- Live music and animals
- **Please bring a food item for the Community Food Bank of Southern Arizona**
- Holiday refreshments afterwards in Friendship Hall

Guides will lead you on a 20-minute tour around the grounds of Sunrise Chapel, giving the opportunity to reflect on the meaning of Christmas as depicted in the scenes.

There is no charge, but we gladly accept donations to help cover our costs, and we encourage you to bring a non-perishable food item for the Community Food Bank of Southern Arizona.

Bring your family! Tell your friends!

Make this a wonderful start to your Christmas season!

