



Sunrise Chapel

# TERRITORIAL

May & June 2013

*“Helping People Experience Heavenly Joy through Spiritual Growth”*

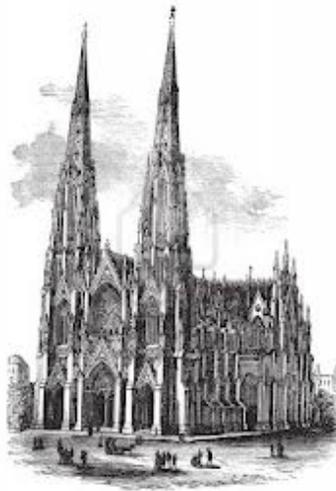
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## EXTREME PATIENCE

By Nathan Gladish

How patient are you? I can almost hear you saying, “It depends.” Sometimes there is a healthy need for urgent action. In such situations, impatience might be reframed as eagerness or assertiveness. It also depends on the responsibility at the time. In an emergency medical treatment, often the patient’s job is to relax and be patient, while the medical staff’s job is to act fast. The staff must still exercise patience with one another, with procedures, and with the body’s reactions to treatment, but such patience is very active.

Can you recall ever feeling extremely patient for a long time? Recently while researching for a sermon on the topic of replacing impatience with trust, I heard of some fascinating examples of enduring or extreme patience. Back in the Middle Ages, people produced various impressive architectural structures that took so many years to build. How about 600 years? Workers commenced construction of Cologne Cathedral in 1248, but it took many generations of workers to bring it to completion by 1880. That’s time-honoring patience.



1948 near Mt. Rushmore, Korczak Ziolkowski started working on a large-scale sculpture to honor Crazy Horse. Sixty five years later, his sons are still blasting and chipping away at what is now referred to as the world’s largest mountain carving project. There is no estimated date of completion. That’s active patience. [www.crazyhorsememorial.org](http://www.crazyhorsememorial.org)

And now for a project with a defined beginning and end, but that no one in the future

will ever experience as a complete product. In 1987 a composer named John Cage wrote a song for the organ keyboard called "As Slow As Possible." It is a mere 8 pages long in print, but musicians go to great lengths to play it very slowly. The longest complete uninterrupted performance was in 2009 lasting 14 hours and 56 minutes. Even more incredible is that folks in Halbertstadt, Germany have built a special old fashioned pipe organ so that the song can be ever-so-slowly "performed" on it over years to come. Using electric bellows and

weights to keep the notes sounding, they began the song in 2001. According to the timing of the transitions, they plan for it to be finished 627 years from now in 2640. [http://en.wikipedia.org/wiki/As\\_Slow\\_as\\_Possible](http://en.wikipedia.org/wiki/As_Slow_as_Possible) That’s extreme patience.

But that’s nothing compared to God’s patience. Imagine waiting thousands of years until just the right time to come into the world to save the human race. Yet, for God, it was no time at all. The Lord was ready all along. The teachings of our church describe that the Lord is continually urging and pressing to be received, while at the same

time honoring our freedom completely. And in all His efforts, His goal is that we can each become something spirited and be saved. That’s divine patience.

Next time you feel impatient, try taking a longer and larger view of your situation. Let patience be an active, optimistic state. As Jesus said, “In your patience you possess your souls.” (Luke 21:19)

## TWO MONTHS IN ONE ISSUE!

This issue of the Territorial covers the months of May and June. We will return to the monthly schedule in July.

### SPIRITUAL GROWTH CORNER: Start Again

By Dottie Ridlon

I was diligently working on some needlepoint when I realized I had made a mistake five rows back. Yes, it was a small one that carried through all five rows but would eventually throw the whole pattern off.

So I proceeded to take out all these little stitches. It took a whole lot longer to destroy my error than it to do it correctly the first time, and it was harder to do than doing the right thing the first time would have been.

Right then and there I realized that life is like that. How much easier and nicer it is to do the right thing, say the right thing in the beginning, than to do all that correction work.

No matter if the wrong was big or little, we must always go back to correct the error. The time to correct a wrong is NOW!

This is another opportunity to use the Spiritual Growth tasks we may have put into the background of our minds. It may be better to start with the first of the seventy-two, but it really doesn't matter. Just jump in anywhere --- the water is warm.

Each task embraces you and doesn't let go until you have learned the lesson well. I have done all seventy-two tasks more than once, and each time I learned more and used them more than I thought I would.

My nemesis was "forgiving." I'll bet I had worked and worked on that one for at least three years when it came around again and I realized I had finally forgiven.

What a weight was lifted from me. Sometimes the task is very hard and takes a great deal of spiritual work to accomplish my goal. However, anything worthwhile takes work. We must do our spiritual work every day and focusing on a particular task is not always easy, but it sure pays off.

## BOOK REVIEW

*In the Presence of Angels-Reflections on  
Mattie Pearl and Emanuel Swedenborg*  
by Andrea R. Garrison

This delightful little book shares the "crossing over" experiences of the author's mother and grandfather into the next life. Both mother and grandfather had a keen sense of the reality of heaven and they did not fear their time to die. Each had a sense of preparation for the transition, and was able to convey to loved ones that there was nothing to fear: death is a natural occurrence and heaven is a wonderful destination.

Ms. Garrison became familiar with Swedenborg's works before her mother's death and they resonated with what she believed about heaven and angels and her experiences of her loved one's transitions. Of Swedenborg's Writings

she said, "It was wonderful to read in words what I always knew and understood in my heart." And in her own words, her lesson to her readers is "Listen to your heart, follow it, embrace the Divine and enjoy life and this glorious journey we are on right now." When you listen you may find that you are in the presence of an angel right here and now, in the flesh-one who can help you hear a message of comfort and hope about our life, our transition, and the life to come.~Élise Gladish



## GUEST PREACHERS- Comin' up!

While Élise and I are on vacation, please welcome David Lindrooth to preach at Sunrise Chapel on May 19. David is a former Associate Pastor of Sunrise Chapel and the current Outreach Director for our worldwide organization.

I am also pleased that Frank Rose will lead our Sunday worship services on May 26 and June 2. Frank is the founding pastor of Sunrise Chapel, and in his retirement he continues to be a wonderful support to so many aspects of our church's life and health.

## INTERVIEW WITH OUR CENTENARIAN, DOTTIE RIDLON

By Dawn, Colton, Lauren, and Jace Graffam

Sunrise Chapel's long-time member, Dottie Ridlon, turns 100 on May 20, 2013. When we sat down to chat with her, she cheerfully shared a bit of her life with us. Dottie and her husband Herb started attending church at Sunrise Chapel in 1993. Her favorite book is the Bible because, "It helps you through the bad places," she declared. When asked by twelve-year old Colton what she wants for her 100th birthday, she said she would like peace and no more wars. Dottie was born on May 20, 1913, "When there was no electricity, phones, or television sets," she explained wide-eyed to the three Graffam children. "Boy, it must be great to have all the things you do growing up!" Dottie commented. She received a high school diploma and was married on April 20, 1951. The auburn-haired Dottie stayed home and mothered their three children: two boys and a girl. Sadly, their daughter has passed on, but one of their sons has been a professor at a college for the past thirty years. The other son is retired. They have twenty-one great grandchildren, and four great-great grandchildren.

Dottie likes to do things with her hands, "Like cross-stitch," she added. Then Herb drew our attention to a Raggedy Ann-type doll that she made. It must have stood four feet tall. Another thing she was intentional about doing was making people feel welcomed, as she served as a greeter at church. "I remember one little girl coming into the foyer crying. I took her to the side and told her to tell me what was wrong. At first, she protested. I said she could share it with me and it would be our secret. Oh boy! She had things going on in her young life. I asked her whether or not she wanted to go on in to church or not. Well, she just looked at me in amazement and said, "You mean I have a choice?"

I encouraged her to try it because she might hear something in the sermon that would help her. "I've never thought of that before," said the girl. I remember that story because the girl kept coming to church for years afterward. Being in a church family like Sunrise Chapel means a lot to us because we can count on any member of the congregation, especially the minister," Dottie said warmly. "I used to write a lot for the church paper and tell what kinds of things I've faced and conquered. It (life) isn't always easy."

When I asked her what she values in life, her answer was a simple, "Him," as she pointed to her husband of sixty-two years sitting next to her. "I wouldn't want him to leave." Then I asked her about her relationship with the Lord. "Ever since I was in Sunday school at age four or five, I have had a relationship with Him that has grown ever since," she stated. "I believe that there is one God that looks over all of us, individually, without any prejudice. He really never gives us things that we don't have the strength to do. We just need to ask for it, and work on getting the strength from God. He's always there," Dottie happily highlighted.

Lastly, when I asked her in light of being a Swedenborgian, what she might expect it to be like to meet our Creator face to face, she simply said, "LOVE." Then she added, "How can you be afraid of someone who loves you?"

We love you Dottie and Herb. Happy 100th Birthday and many more!

Respectfully and happily submitted by Dawn, Colton, Lauren, and Jace Graffam



# SUNRISE CHAPEL WOMEN'S GUILD - ANNUAL MEETING REPORT 2013

By Kathleen Aughey

What is the Women's Guild, who belongs to it, and what does it do?

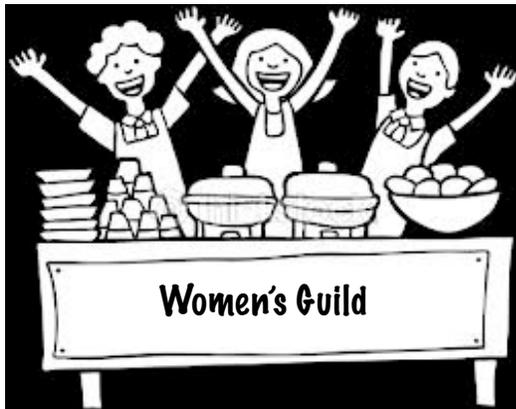
We are an independent organization, not funded by the General Budget and not under the auspices of the SRC Board of Trustees. All women of the congregation are welcome. We meet the first Sunday of each month after luncheon. There are no dues or special requirements – just a desire to serve the church.

Our goal is to contribute our time and funds in support of the worship and life of the congregation. Some of our recent contributions are:

- Stocking the kitchen
- Luncheons after Church (40 this year), Memorials (4 this year) and special events
- Complete refurbishing of the Bride's Room
- Monthly support of the plants, flowers and decorations on the Chancel
- Christmas gifts for the children
- Plumbing repairs
- Donation of a new freezer and counter refurbishing
- Easter Dinner
- Refreshments for the Path to Bethlehem
- Scholarship to Arizona Mountain Camp

How does all this happen? Where does the money come from?

Our major fundraiser is the Patio Sale! Seventy five percent of our operating budget comes from this event. We collect all kinds of "stuff" in our sheds all year long. As the donations come in



there is work done to keep things organized. The actual sale is two days long but we begin setting up the day before. It is a major amount of work displaying, pricing, and organizing the numerous things for sale. While we work hard, we have lots of fun! It is a rewarding experience. The Women's Guild name does not stand alone for this event; we have many hard working and helpful men assisting us. Their work is necessary and greatly appreciated.

This year the Patio Sale was April 12 and 13 (set up on the 11th). Over 12 volunteers helped with this event. The income was \$1,950.00!

The Guild invites craft vendors to a sale each November. It is terrific to see all the talented work displayed. The table rental fees go directly to the church. The Women's Guild runs a gift boutique outside and a food booth from the kitchen at the same time.

The income from these two events lets the Women's Guild continue providing support, meals and benefits to the church.

Join Us!!!!

## RECENT SPECIAL EVENTS:

### Calendar Planning Meeting – April 30 @ 5:30 pm

We held a successful calendar planning meeting for the coming church year – July 2013-June 2014. At last July's meeting we had very good discussion, and a variety of significant decisions were made. This time we discussed some things about what worked well, and we locked various activities into our church schedule. The decisions we made will be added to our online calendar.

### A Visit from our Regional Pastor – Friday & Saturday, April 26, 27

David Roth, pastor of the Boulder New Church in Colorado, is the Regional Pastor for the General Church congregations in the Western US. He keeps communication up with all of the ministers serving in Arizona, California, Colorado, Montana, Texas and Washington. He is also responsible for administering my annual Professional Development Review.

David visited Sunrise Chapel on Friday, April 26 & Saturday, April 27. He had two group sharing meetings with a variety of members and friends, one on Friday night and the other on Saturday morning. Here is a written response he made following his visit:

"The overall impression I got from the group is that you are grateful that Nathan is your pastor and that you find him to be big-hearted, always there for you, hard-working, detail oriented, very good at getting the business and finances of the church in order, is open to and seeks feedback from anyone willing to offer it and also seeks it out so he can try to improve both personally as well as so he can implement changes that will help Sunrise Chapel to be a healthier church. Nathan has also been good at inspiring people to help out and volunteer (and we know this isn't always easy). It is also clear how much you all love and appreciate the contributions that Élise makes to the life of the church. In your words, 'Élise is awesome!'"

"Under Nathan's leadership, the church has made some positive changes like installing a projector in the chapel for use in worship and receiving a large grant to improve the curb appeal of the church - to name a few. I applaud

the hard work that Nathan is doing in his position as the pastor and in his professional development.

"To me Sunrise Chapel is on a very positive trajectory, and I think you all can feel good about how things are going."

Sincerely,

David Roth, Regional Pastor of the Western US

### Welcome Our New Board Chairperson, Dawn Graffam

### Report of the Annual Meeting – Sunday, May 5

Another first for Sunrise Chapel - holding our Annual Meeting during lunch, instead of afterwards, which resulted in a possible record number of participants including members, associate members and non-members. One important item of business was the election of Board members and Officers. Our Nominating Committee Chairman thanked all the members for their service, especially Jack Baty who completed his maximum number of terms as our Chairman. Congratulations and welcome to Dawn Graffam for her election to Chairperson! All the other incumbents were also elected.

### The Board now consists of the following:

**Ex Officio Member:** Nathan Gladish

**Officers:** Dawn Graffam, Chairperson; Sue Babcock, Secretary; Art Watson, Treasurer; Mike Villeburn, Property Manager

### IT PAYS TO BUY GIFT CARDS THROUGH SUNRISE CHAPEL

If you ever buy gift cards for anything – birthdays, baby showers, restaurants, groceries – you can contribute to Sunrise Chapel without paying an extra dime. The company that Sunrise Chapel buys cards from gives a rebate back to the Church for every card purchased. Last July Dawn Graffam became our local coordinator and set a goal to "raise" \$1,000 dollars for the Church in 12 months through this simple method. Our thanks to Dawn for her leadership and to all you who have participated in the program! Now, help Dawn meet her goal! To order or purchase cards, contact Dawn Graffam at 520-907-6016 or by email at [dawng69@gmail.com](mailto:dawng69@gmail.com)



ministering to the missing generation

*“Team Sunrise” consisted of Élise Gladish, Art Watson, Kelly Woofenden, and Nathan Gladish by videoconference. They participated in this year’s Outreach Training Seminar, hosted at the Glenview New Church in suburban Chicago. This seminar was run by the General Church Office of Outreach. Here are some highlights of what they learned.*

On April 18 & 19 Kelly Woofenden, Art Watson, and Elise Gladish attended the seminar put on by the Office of Outreach and hosted by the Glenview New Church in Illinois. This particular seminar attracted attendees who have been asking themselves what we can do to interest the younger generations to be more active in the church. Those from age 18-35 are what some church growth experts name “the missing generation.” Prior to the seminar the Office of Outreach created a survey to find out just what young adults of this age bracket say about their interest in our church, its teachings, and its services and activities. There were about 288 responders with a lot of interesting data. While generalizations from results are arguable, one thing is clear: young adults are very thoughtful, caring individuals who welcome non-judgmental discussion and wish to be valued for what they bring to the table. That was evidenced by a great group of young adults who attended the seminar. They wanted to share their thoughts, ideas, and hopes. They represent a core group who love the church's truths and see how it can make a difference in their lives. We had a chance to hear from them and from author Carol Howard Merritt, who has written two books on the subject of ministering to the missing generation.

***So what are today's young adults like, and what can we learn from them?***

Young adults are living in a different world than their parents and grandparents. Social media dominates communication, and cell phones make it easy to talk to anyone 24/7. The young adults have a different kind of community because of this.

They also tend to move around a lot more and don't put down deep roots in any one place. In general, churches are no longer the center of community. These factors certainly affect their feelings of attachment or loyalty to any particular church community. Many young adults struggle economically. Jobs are hard to find. Student loans loom large and so the idea of contributing much economically to an organization is daunting. Those in the missing generation are keenly aware of social issues, and many support those organizations that seem the most accepting of an individual's rights, without judgment.

Our team from Sunrise Chapel is asking “What can we do to reach out to those in the missing generation?” First we can ask, “Do we miss them? Who do we miss?” Let's reach out.

Fostering an attitude of acceptance seems at the top of the list for this generation. How can we show young adults that we care about them and want them to feel like they belong at Sunrise Chapel? We can listen and let them know that we want to hear what they have to say.

Young adults are attracted to serving the community. We can find out how they want to serve. We can help promote those projects, and join them in their service.

We can do what we do well at Sunrise Chapel (the friendly church) when we see young adults at church: Go up and say hello. Ask how their week has gone. Let them know that you are glad to see them. At lunch, go and sit with them and show interest in what they have to say. Offer to watch a child so the parents can get their meal. Creating a place where children look welcome is very attractive to young families. We want to show them we care.

The team, Nathan, Art, Kelly, and Élise invite you to join us in conversation so that we can explore ways to better serve young adults. We don't want this generation to go missing from our lives.

**Join us for some brainstorming at Sunrise Chapel on Monday, June 10 @ 6:30 pm.**

## **FINANCIAL GOOD NEWS – PART 1: A Generous Grant from the Glencairn Foundation**

By Nathan Gladish, Pastor

I am very happy to report that Sunrise Chapel has received approval from the Glencairn Foundation for a grant (not a loan) of approximately \$40,000 to support our new “Curb Appeal Project.” This project is designed to improve the look and feel of the front of our building and property. Here are the five components with the original bids:

1. Resurface the front parking lot: \$28,929
2. Replace lighting fixtures in parking lot: \$1,500
3. Replace an old set of exterior doors to Friendship Hall: \$2,725
4. Remove the ramada between the Chapel and Friendship Hall: \$6,300
5. Paint the entire building exterior (including all preparation): \$9,945

Every Glencairn Foundation grant requires a local financial matching plan. The Sunrise Chapel Board approved the challenge of raising 20% of the total, which is approximately \$10,000. More good news – we already have \$2,000 local funding towards our match, and we have hardly even started soliciting!! Join the fun! To contribute any amount towards our goal, write a check to SUNRISE CHAPEL, and put “Curb Appeal Project” in the memo.

## **DISCUSSIONS ON SMALL GROUPS Led by David Lindrooth**

**Sunday, May 19 during the after-church  
luncheon**

Small Group participation has always been a major dynamic in the vibrant life of Sunri Chapel. Rev. David Lindrooth and the team at General Church Outreach have recently been learning how to improve the functionality of small group systems in congregations. This research is being used to improve General Church Outreach’s approach to supporting congregations who use small groups as a part of their programming. Please join David on Sunday, May 19 during lunch for a discussion about using small groups in ways that can better help congregations to grow. Your input and ideas will help him help others throughout the General Church!

## **FINANCIAL GOOD NEWS - PART 2: Sunrise Chapel’s Road to a Healthy Budget** By Art Watson, Treasurer

Congratulations everyone! Today, Sunrise Chapel finds itself in the best financial shape it has been in for a long time, thanks to your ongoing support, diligent budgeting, and the continued support of our central church office, the General Church.

As we approach the end of this fiscal year – June 30 – our overall income is slightly higher than budgeted (due in part to increased rental income) and our overall expenses are lower than budgeted. Also, for the first time in 10 years, Sunrise Chapel will not ask for extra financial support (beyond our regular annual grant) from the General Church to meet our needs. Not only does this satisfy the current requirements from the central office, but it also meets the steps in our progress toward financial independence by March, 2019.

We will need to remain diligent regarding our finances throughout the new fiscal year (beginning July 1), but that is then, and this is now. Meanwhile, relish the moment! Authoress Margaret Drabble once wrote, “When nothing is sure, everything is possible.” Today we see that there are possibilities when we, as a Church, band together to set and reach goals that help fulfill our purpose and values. Thank you, everyone, for your continued support of Sunrise Chapel with your time, talents and treasure.

## **CARE TEAM NEWS** By Judith Keane

The Sunrise Chapel Care Team is up and running! Thanks to all who have shown an interest in serving the congregation. We are already giving Care Team members assignments to call or visit people.

The Care Team will be taking on the following tasks within the congregation:

- Making phone calls to keep in touch
- Sending out greeting cards through the Card Angels
- Making follow up visits for those still in the hospital
- Making meals (Kris Bernardy coordinating)
- Providing respite for Moms and caregivers

What are your interests and needs? There is still plenty of room for more people to participate. To help in any way, check with Judith Keane 390-4112 or Élise Gladish 820-1284.



## NEWS NOTES

By Billie Baty and Louise Rose

Please let us know if you have any news we can put in these News Notes. We have a feeling we are missing some of the goings-on. Billie Baty 298-2995 or Louise Rose 721-1091. Thanks.

### WELL WISHES

One of KEVIN and CHRISTINE MOREY'S little twins, ZACHARY, was briefly in the hospital for a mysterious difficulty that defied diagnosis, but the good news is that after they hydrated him, he perked up and returned to normal. We are so happy to know that he is OK.

"Jack's Back!" It was great to see JACK BATY back with us again after his recent hip replacement surgery. It is a long recovery and we are delighted to see that he is making good progress. The Baty's little dog Maggie had to be put down last week, a sad time for them.

A recent recipient of knee surgery was MARNI McDANIEL. She is about to enter rehab. We understand that after she is finished, her husband RAYMOND might have to have his turn at the same surgery. We wish them the very best as they go through this challenging time. Marni reported that DOROTHY VOCIAL was not able to return to her apartment and is now in a senior living facility. We will try to get an address for her for the next issue.

How lovely to see JEAN ROSS back at church after her surgery, wearing her cheerful yellow outfit that put a smile on our faces. She has been missed these past few weeks.

Many eyes were misty as we bid farewell to our dear friends VERN and CAROLYN WEHR who are returning to their home in Connecticut, unlikely to return to Sunrise Chapel. They have come here each winter for at least two decades, always pitching in with great enthusiasm and energy. Now health issues will mean they must stay near home. JANET and ART LEE left for Wisconsin earlier (leaving a gap in the choir.) All the winter residents have been a great blessing to us over the years. We will miss them and always remember them fondly.

### VISITS

MIKE and LYNN BROWN entertained his sister LAUREN ANDREWS from Seattle, Washington. Lauren was here to take a course in oil painting and was able to show off some of the beautiful work she did during the week. Her son ROSS was here during the early part of her visit too.

REV. DAVID ROTH of Boulder, Colorado spent several days here conducting a professional review for our pastor Nathan. David keeps an eye on how things are going with the churches here in the west. There were two open houses for him, where people of the congregation could give their input

about how things are going at Sunrise Chapel. Thanks to those who came and added their view. The meetings were pleasant and positive.

### CONGRATULATIONS

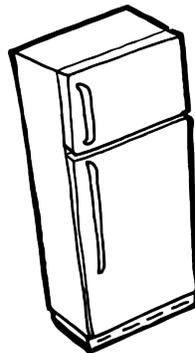
CONGRATULATIONS to HERB and DOTTIE RIDLON who celebrated their 66th wedding anniversary on April 20th!! Now we look forward to May 20th when Dottie will have her 100th birthday!! This beloved couple has obviously learned something about longevity. They are both still very much alive and still full of fun and laughter. Some of their family will be coming for the birthday.

### TRAVEL

ÉLISE GLADISH, KELLY WADDELL and ART WATSON travelled to Glenview, Illinois for a church workshop about how to attract young people into the congregations. They came home very enthusiastic about what they heard there. One of the speakers at the conference was JEREMY ROSE (son of Frank and Louise) who has been on the staff of a church camp for teenagers for many years. Many churches all over the country are having the same challenge of attracting young people.

### THANK YOU

The WOMEN'S GUILD would like to thank all the volunteers and all the people who donated things to sell at the Patio Sale. It was a great success. There was a steady flow of people through Friendship Hall and we made \$1900. Did you know that at the end of our sale, gentlemen from the Desert Skies United Methodist Church on Houghton come with trucks and haul our leftovers away to be sold at their next sale? We are grateful to them, as we would have the problem of how to store the things for a whole year in our sheds. We feel much better about passing it on to another congregation.



Speaking of the Women's Guild, they recently bought a new freezer for the kitchen. The old one "died" after 22 years of constant use. Thanks to the WG for this brand new one. This is an example of how the Patio Sale benefits us all.



May 2013



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 6pm Spiritual Growth Group	2 7pm Men's group	3	4 Care for Our Church Day
5 9:30am Choir Practice 11am Worship Service 12:15pm Annual Mtg	6 6pm Foundations Class 6pm Meditation	7 6:30pm Bereavement Support Group	8 6pm Spiritual Growth Group	9 7pm Men's group	10	11
12 <i>Mothers Day</i> 9:30am Choir Practice 11am Worship Service 12:15pm AMC plan mtg	13 6pm Foundations Class 6pm Meditation	14 6:30pm Bereavement Support Group	15 6pm Spiritual Growth Group	16 7pm Men's group w/Frank Rose	17	18
19 NO Choir Practice 11am Worship Service w/David Lindrooth 12:30pm Small Group Discussion	20 <i>Happy 100th Birthday Dottie</i> 6pm Meditation	21 6:30pm Bereavement Support Group	22 6pm Spiritual Growth Group	23 7pm Men's group	24	25
26 NO Choir Practice 11am Worship Service w/Frank Rose 12pm AMC Luncheon	27 Memorial Day 6pm Meditation	28 6:30pm Bereavement Support Group	29 6pm Spiritual Growth Group	30 7pm Men's group	31	

June 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 NO Choir Practice 11am Worship Service w/Frank Rose 12:45pm Women's Guild	3 6pm Meditation	4 6:30pm Bereavement Support Group	5 6pm Spiritual Growth Group	6 7pm Men's group	7	8
9 9:30am Choir Practice 11am Worship Service 12:15pm AMC plan mtg	10 6pm Meditation 6:30pm Impact 365	11 6:30pm Bereavement Support Group	12 5:30pm Stewardship Committee 6pm Spiritual Growth Group	13 7pm Men's group	14	15 Private Wedding & Reception
16 <i>Father's Day</i> 9:30am Choir Practice 11am Worship Service 12:45pm Board Mtg	17 6pm Meditation 6pm Care Team	18 6:30pm Bereavement Support Group	19 6pm Spiritual Growth Group	20 7pm Men's group	21	22
23 9:30am Choir Practice 11am Worship Service	24 6pm Meditation	25 6:30pm Bereavement Support Group	26 6pm Spiritual Growth Group	27 7pm Men's group	28	29
30 9:30am Choir Practice 11am Worship Service & Holy Supper 12pm AMC Luncheon	July 1	July 2	July 3	July 4	July 5	July 6 ← Arizona Mountain Camp July 3-7 →

AA & AL-ANON

**Monday** AA 6pm

**Tuesday** AA 11am

**Wednesday** AL-ANON 9:30am, AA 7:30pm

**Saturday** Men's AA 8am, Women's AA 11am

**Sunday** AA Meditation 7pm

Other Regular Events

**Monday & Thursday** 9am - Yoga

**Tuesday** 5:30pm - Self Defense

**1st & 3rd Thursday** - Global Chant



The Territorial of Sunrise Chapel  
8421 E. Wrightstown Road  
Tucson, AZ 85715

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## **Arizona Mountain Camp – July 3-7**

An all-ages camp for fun, worship, study, community building and socializing.  
This year's theme – "The Water of Life"



Ministers: Nathan Gladish, Frank Rose, Mark Perry, Garry Walsh  
Register now!

Go to [http://www.sunrisechapel.org/get\\_involved/summer\\_camp.shtml](http://www.sunrisechapel.org/get_involved/summer_camp.shtml)