



TERRITORIAL

March 2013

“Helping People Experience Heavenly Joy through Spiritual Growth”

8421 E. Wrightstown Road • Tucson, AZ 85715 • 520-298-1245 • SunriseChapel.org

WAKING UP EASTER MORNING

By Nathan Gladish

I love awakening to sunrises, especially dramatic ones with lots of color. It feels inspirational, especially when I think of what the Lord teaches about the symbolism of waking up to dawn’s light. It corresponds to experiencing human states of enlightenment and wisdom. This is in contrast to being asleep in the dark of night which tends to indicate a state of ignorance (Secrets of Heaven 2917) .

Some people are named after this sunrise state, such as a little known Biblical character, Zerah. He was a twin, born to Judah and Tamar. Literally, his Hebrew name refers to the first appearance of the sun’s light when it is rising, and it symbolizes the good loves we experience in states of regeneration, which allow us to learn what is true about our lives (Secrets of Heaven 4930).

The Lord is also called the “Sunrise.” Consider this teaching: “In the Word, the period of time or state called ‘the dawn’ is when the Lord comes, or what amounts to the same, when His kingdom draws near, as in Samuel: ‘The God of Israel is like morning light, when the sun rises on a cloudless morning’” (2 Sam. 23:4), (Secrets of Heaven 2405). When I have a refreshing insight into something true and a heartwarming sense of the Lord’s love, I feel a dawning of new hope.

So symbolically, waking up in the morning is about getting a fresh start in spiritual life and making new progress in spiritual maturity. “The Lord is said to come forth and rise with a person when the person acknowledges Him. Before this the Lord is in night because He does not appear. He rises again with everyone who is being regenerated” (Secrets of Heaven 2917, 6176).

Continued on page 2

EASTER WORSHIP SERVICES

We will have four special services celebrating the Lord’s crowning achievements in His goal to bring us spiritual freedom.



Palm Sunday, March 24 at 11 AM

Come celebrate the promise of the Lord becoming our “King of kings and Lord of lords.” We will show our love for the Lord with songs of praise and a procession of palm branches (provided for everyone at the church entrance).

Special guest preacher – Bishop Tom Kline. He and his wife, Nina, will visit for the weekend. They look forward to seeing friends and making new connections.

Good Friday Holy Supper service March 29 at 8 PM

Expect a memorable experience when you participate in this Good Friday worship service, featuring a dramatic reading of the Bible, with reflective music in between selections. Relive the Lord’s last days, arrest, trial and crucifixion. Participate in the Holy Supper as an integral part of the reading of the Lord’s last supper with His disciples. The service will be candle lit, and the chapel will be beautiful.

Happy Easter! Two Services – March 31

7 AM Early Morning Outdoor Service

Wake up and join in celebrating the Lord’s first appearance to His disciples after being resurrected! “The Lord is risen, indeed!” Light refreshments afterwards in Friendship Hall.

11 AM Easter Festival Service

Alleluia! Rejoice together in this family service focusing on the Lord’s accomplishments for the sake of our spiritual.

The festivities will include an egg hunt for the children and a delicious potluck luncheon. To sign up for the luncheon, **contact Jean Ross at 429-6045.**



WAKING UP EASTER MORNING continued



I love Easter for its hopefulness and sense of new life. The Lord's body being in the sepulcher for two nights is a picture of our being in the dark about His presence in our lives. But His resurrection early in the morning the third day after His crucifixion symbolizes having new insights about His life and making a new effort to put that enlightenment into life.

May the Lord bless you this Easter with a new spiritual awakening to His lovingly wise and wisely loving presence.

"The Lord's resurrection on the third morning embodies the truth that He rises daily, indeed every single moment, in the minds of regenerate persons" (Secrets of Heaven 2405).

SPIRITUAL GROWTH CORNER: SPRING IS HERE

By Shirley Leighton

One of the best things about Life's Rules is that we can depend on them to encourage us, rather than to negate natural outcomes. What's the first thing we think about when placing a foot on a trampoline? We know when it goes down, it will automatically come back up. We anticipate that lift and prepare ourselves for its thrust.

I like to apply this to the moods I have from time to time which reflect the weaker aspects of myself. When I'm depressed or blue, fretful or anxious, I can always depend on the fact that it won't be long before my natural tendencies will bring me back into joyful spirits. But do I think about it when in the depths of despair? I often forget when I'm "down" that life works that way.

After winter, and all the cold and damp that goes with it, comes the light of spring. It's a given that we can count on. And we can apply that principle to the rest of our lives. After the most dismal experiences, we can rest assured that the forward push will come along to get us going again. It's SPRING, and there's a bounce in my step, a smile in my mood, and a warmer, more welcoming attitude about what's to come. We know a rejuvenation is due.

Of course, the trampoline requires courage because its lowest spot propels us to the highest, and it can be threatening to guess just how high that might be. Can I keep my balance? Will I be

able to gain my equilibrium, after the thrust into the air from my grounded place?

It can be scary, leaving me out of control. I trust that I will be safe and not fall off? I must be careful and not expect too much of myself. Do I dare let go in the awareness that I will be okay? Children are good at this because fear hasn't taken over their choices as yet. They can enjoy the exhilaration of the flight up and down while trusting that it won't hurt them.

When I think of the freedom that spring affords me, the highs and lows of my life appear insignificant. Yes, I can accept new challenges, forget old disappointments, and move onward in the knowledge that I have the ability to perform whatever is asked of me or I wouldn't be given the opportunity. I can only go as high as my depth has outlined. I can trust the laws of nature only to propel me where I'm capable of being. God is in charge.

So I'm grateful for the changes in seasons, in weather conditions as well as in the affairs of my life. Certain immutable laws regulate them and I have faith that I am included in their careful selection of conditions which surround me. I always have what I need to survive and to grow, so that I habitually say "thank you" for whatever comes into my experience. In this attitude, newness occurs everywhere, blossoming before unnoticed, and joy overtakes me. Such good news comes with Spring.



TWELVE WAYS TO VOLUNTEER HERE IN TUCSON

Front page of Daily Star Sunday paper on March 3, 2013 highlighted Language Barrier Daily Struggle for Refugees in Tucson. Anne Gordon is cited as a volunteer on page 5.

Anne Gordon is involved as Volunteer Coordinator in a paid position at the Catholic Community Services of Southern Arizona. In fact her job is to find volunteers for the Migration and Refugees Services. The Refugee program successfully resettles refugees who are legally admitted in the United States by the federal government for humanitarian reasons.

The program receives limited funding from the federal government with the understanding that the community will provide additional resources - cash, in-kind, and volunteer assistance.

The goal of the Refugee program is self-sufficiency and independence as quickly as possible for refugees after their arrival in Tucson. To meet that goal the program provides a wide variety of services, for which many volunteers are needed.

Anne writes, "We would like to develop a project with our church/congregation to recruit volunteers and get our members involved in resettlement activities."

Activities include:

1. Welcoming refugees upon arrival at the airport
2. Collecting/Delivering Donations
3. Furnishing apartments
4. Mentoring refugee families
5. Sponsoring refugee families
6. Teaching ESL classes
7. Providing transportation for refugees
8. Accompanying refugees to appointments
9. Helping refugees understand American culture and the community
10. Baby sitting
11. Providing spiritual needs for all refugees
12. Fundraising and Event Planning



Territorial readers: RESPOND TO THE CALL

"I was hungry and you gave me food. I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me." Matthew 25:35-36.

This project offers an opportunity to respond to the call of Jesus and to promote mutual understanding and respect for the dignity of all. Work with refugees locally and make a difference globally. These refugees were forced from their homeland. The United Nations determine all refugees' status eligibility, with extensive interviews, background checks, and medical check-ups. In addition, the national office screens all refugees we serve in Tucson.

Contact Anne Gordon at Catholic Social Service, 140 W. Speedway, phone 520-623-0344 ext 1063 or email anneg@ccs-soaz.org.

CARE FOR OUR CHURCH DAY

Invitation to all - Please come and join us in working on various projects during the Care for Our Church Day on Saturday, **March 23rd**.

Past projects included a complete spring cleaning of the sanctuary, landscaping projects, fixing what's broken and performing some regular maintenance. We continue to have a long list of projects, so there is something for everyone.

I would like to ask for volunteers to come forward with project ideas and ready hands to see the work complete.

In the past, whenever someone asks me "What can I do?" My typical reply is, "Find something that needs tender care and beautify it."

Call me and we can discuss projects on my mind or whatever is on your mind. Together we all make a big difference on these days.

Mike Villeburn 520-548-6065

STEWARDSHIP COMMITTEE UPDATE: 3/1/13

By Ken Lee, Stewardship Committee Chairman

Recently this committee took on the task of helping create a team that would focus on outreach and serving more people. After some discussion and head scratching we agreed that Nathan would work on finding people to do this. As a result, and thanks to a generous grant from the General Church Outreach Office, three people have volunteered to attend the "Impact 365" outreach seminar being held in Glenview, IL in April. They are Élise Gladish, Kelly Woofenden, and Art Watson. The Board authorized funds to cover their registration.

We then felt called to look at how the appearance of Sunrise Chapel could be improved in order to attract more people for us to serve. We looked at the "curb appeal" of the Chapel much as real estate agents do when marketing a property. We have some feed-back this could be improved. We decided to start looking at how it could be improved from the street and working in. We put together a preliminary list and are getting budgetary costs. We will present them to the Board and then see if the Congregation agrees or not. The idea is to set some budgets and then apply for various grants that are available along with raising matching funds. Obviously the congregation needs to agree to all this, but we felt it would be useful to get an idea of costs for now. While there are other items on the interior of the buildings and more on the rear it seemed that starting at the street and working back made the most sense for now.

The items we are getting costs on are:

- 1) The landscaping between the street and the front of the building: cutting the weeds, spraying, and putting colored gravel down. Smaller gravel would be used in areas that might be used for over-flow parking and larger gravel in other areas. Right now as fast as we cut the weeds they come back and it just looks messy. This possibly would include upgrading the landscaping in the entry monument with flowers and more formal landscaping much like the entries to apartments etc.
- 2) Parking areas: patch, seal, and re-stripe the asphalt; re-do the chip and seal; repair any broken curbing.
- 3) Trellis: the trellis is full of dry-rot and peeling paint, it is beyond the repair stage. We felt that the best solution for now is to just remove the beams and top of the columns. Later we can decide what, if anything, to put back. As it is it is a real eye-sore.
- 4) Paint: patch and paint the entire exterior of everything, this is long over-due and the colors may need to be updated.
- 5) Replace the wood doors going into Friendship Hall with steel ones similar to the ones going into the Chapel.



If we were able to do some or the entire above list it would go a long way to make our facilities look cared for, attractive, as well as reducing future maintenance. While I'm not sure that the appearance is a barrier to growth, it certainly is not an asset.



PATIO SALE UPDATE

By Kitty Aughey

Things are getting busy for the Patio Sale (**April 12 & 13**). As the sheds are getting full, we ask you to hold larger items and furniture until April 5th. We can provide truck assistance if needed. We also need volunteers to sort, display, work the cashier desks, etc. beginning April 10th. Please **call Jean Ross 429-6045 or Kitty Aughey 296-6488** if you are able to be part of this fun event!

PROOF OF HEAVEN; NOTICE:

Last month's issue of the Territorial featured the book "Proof of Heaven" by Eben Alexander. If you live in Tucson you may be excited to know that Dr. Alexander will be giving a talk on his experience at the JCC on River Road, **March 14 at 6:30PM**. Doors will open at 5:30 for ticket purchase at \$5 per ticket. Anyone who would like to attend but needs a ride from Sunrise Chapel please **contact Élise Gladish**.



NEWS NOTES

By Billie Baty and Louise Rose

Visits

It was good to see Élise's mother Yadah Alden from Bryn Athyn visit in Tucson for a month. Élise's brother Dan Alden from Farmington New Mexico was able to be here during some of her stay. Although Tucson's weather in February is usually sunny and warm, they were able to experience our occasional and rare cold weather. Colder than normal for Tucson. We even had snow that actually accumulated on the ground.. As of this writing the sky is blue and the temperature is in the 70's. :-)

Chris and Tryn Clark came down from Phoenix over the presidents' holiday weekend to see the art show that Frank Rose was featured in. It was good to see them in church.

Billie Baty had a very nice visit with her cousin Shirley Green-Brosseau and husband Rob who live in Utah. The cousins had not seen each other in over 30 years. Many events took place during those years and it was lots of fun catching up on news.

Travel

Steve and Betsy Gladish traveled to Newport Beach, California, with son Steve and his wife Gauri to attend the wedding of stunning couple Kurt Campman and Bianca Sarmiento. Kurt is the only child of sister Sarah Gladish Campman, who grew up in the New Church and has visited Tucson numerous times. Steve and Betsy admired The Catholic Wedding Ceremony which was elegant, meticulous, and touching in its spirituality, and in a beautiful brand-new Cathedral. The reception was on the harbor at Balboa Bay Yacht Club.

Our Pastor Nathan Gladish spent the last week in February in Seattle where he attended the Western Clergy meetings.

Frank Rose was invited to the Singing Wind Book Store in Benson on February 24 to give a talk on his flower and tree books. The talk had a very good turnout. Charlie Kane was also there. He had included Frank's paintings of medicinal plants in the first book he had written.

Condolences

To the family of Julee Plank, a long time member of Sunrise Chapel, who passed away quietly in her sleep on February 23. She had been living in Oracle, but more recently moved to Phoenix to be with her son Clifford, and his wife and family. Son Arthur, and his family still reside in Tucson. Many years ago Julee was treasurer of Sunrise Chapel. She will be missed. A memorial service was held in Sunrise Chapel on Sunday, March 3, at 2:00PM.

In Appreciation

The Baty family would like to thank Kris Bernardy for a lovely baby shower/welcome to the world party, held for new grandson Conor James Baty on March 2. Kris planned the entire event down to the very last detail, and it was absolutely perfect, and so very sweet with a little animal theme. We want to thank Betsy Gladish for her help in decorating, and to thank those who attended and made it such a special day for everyone. Also, a big thank you to Fran Blaesing who made the delightful spread of goodies, and Kitty Aughey for her help, and providing the delicious punch and other beverages.

Congratulations

Jace Graffam played in a tough basketball game with girls (who were descendants from Goliath); Colton Graffam competed in **two Lacrosse tournament games**, and Lauren competed with one hundred other gymnasts in a Chinese New Year Gymnastic Meet in Florence. **She won medals in all three events: Floor Exercise, the Bars, and All-Around.** She got to stand on the podium in her first meet. Next week, up to Valley of the Sun Gymnastic Meet in Chandler, Arizona.



Well Wishes

It has been really good to see our dear friends Vern and Carolyn Wehr back in Tucson, but we are sad that due to Vern's failing health they are forced to close down their winter home here in Tucson and only maintain their family home in Connecticut. Their daughter Kathy has been a blessing. She brought them out to Tucson and is a huge support in helping them with the needed move.

We were surprised to learn that Mickey and Sharon Zoyetz are selling their winter home here in Tucson. We hope that does not keep them from coming back for visits. We will certainly miss them both!

Dottie Ridlon is now home after spending some time in the hospital and then to rehab to regain her strength.

SUNRISE CHAPEL'S PATH OF INTEGRITY

By Steve Gladish

The Journey Program is in progress and most groups are in Week Four. **March 17th we will have a Celebration Sunday**, where we bring food to the church by groups, and share what we have learned. Kelly will be telling you all about it shortly.

What is "The Journey" program all about?

The Path of Integrity workbook explains why we use the Bible, and why we use the Joseph story. The powerful story is a foretelling and a prophecy of the Life of Jesus. Both Joseph and Jesus overcame hosts of problems with dignity, and we walk the Path of Integrity so we can follow Jesus. With the Lord leading, miracles happen. We climb out of the pit that our thoughts threw us into, just as Joseph's brothers threw him into a pit.

Why is "The Journey" important to do?

We understand all the dramatic dreams God helped Joseph to interpret. We brainstorm together and find our own Life Dreams. What is the most important journey for us? We drop distractions; we create positive experiences for the lean times just as Joseph gathered up extra corn for the years of famine coming. We ask for help, just as Joseph asked God for help interpreting various dreams. We take responsibility for ourselves, just as Joseph did, and then we pursue excellence on our Path of Integrity.

What will success look like?

With God's help, Joseph climbed out of slavery and prison to become one of the most powerful leaders in Egypt. We are inspired as well to excel and walk on the Path of Integrity no matter what hardships we face. Joseph learned compassion for all his brothers who threw him in a pit, and sold him into slavery instead of killing him. We are shown how to have compassion in our lives as well. Then he and his brothers and his father celebrate all blessings, just as we are led to do in the final week of our Path of Integrity. We will have a new sense of The Lord's life and His purpose, because of the parallel between Joseph and Jesus. This is just in time to celebrate Easter, the Divine Resurrection, and Redemption of both God and ourselves.

If you were unable to participate in this Journey Program, talk to those who did. You will be inspired. I guarantee it. That's what Celebration Sunday is about.

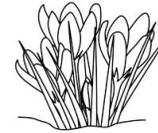
New Church
Journey.org
ADVANCING YOUR SPIRITUAL PATH

ANNOUNCEMENT ABOUT SUNRISE CHAPEL ANNUAL MEETING

The Annual Meeting of Sunrise Chapel will be held after church on **Sunday May 5, 2013**. Annual business includes a presentation by the pastor, elections of officers and board members, and a report and discussion of the Chapel's financial status. This will be an important election, since there are several Board members whose terms expire and who are not eligible for reelection since they have served the maximum number of terms allowed in the bylaws. Your participation and your vote are valuable!



March 2013



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 9:15am Journey Group 9:30am Choir Practice 11am Worship Service 12:45pm Women's Guild	4 6pm Meditation	5 6:30pm Bereavement Support Group	6 6pm Journey Group 7pm Journey Group	7 1pm Journey Group 7pm Journey Group	8	9 Tucson Festival of Books Today & Sunday
10 9:15am Journey Group 9:30am Choir Practice 11am Worship Service 12:15pm AMC plan mtg	11 6pm Meditation	12 6:30pm Bereavement Support Group	13 6pm Journey Group 7pm Journey Group	14 1pm Journey Group 6:30pm "Proof of Heaven" Outing @ JCC 7pm Journey Group	15	16
17 9:15am Journey Group 9:30am Choir Practice 11am Journey Celebration Svc 12:45pm Board mtg	18 6pm Meditation	19 6:30pm Bereavement Support Group	20 6pm Journey Group 7pm Journey Group	21 1pm Journey Group 7pm Journey Group	22	23 8:30am Care for Our Church Day
24 <i>Palm Sunday</i> 9:30am Choir Practice 11am Worship Service - Bishop Kline, preaching	25 6pm Meditation	26 6:30pm Bereavement Support Group	27	28 7pm Men's group	29 <i>Good Friday</i> 8pm Service & Holy Supper	30
31 <i>Happy Easter!</i> 7am Outdoor Service 9:30am Choir Practice 11am Worship Service Egg Hunt & Easter Luncheon	April 1 6pm Meditation	April 2 6:30pm Bereavement Support Group	April 3	April 4 5pm Private Wedding & Reception 7pm Men's Group	April 5	April 6

AA & AL-ANON

Monday AA 6pm

Tuesday AA 11am

Wednesday AL-ANON 9:30am, AA 7:30pm

Saturday Men's AA 8am, Women's AA 11am

Sunday AA Meditation 7pm

Other Regular Events

Monday & Thursday 9am - Yoga

Tuesday 5:30pm - Self Defense

1st & 3rd Thursday - Global Chant



The Territorial of Sunrise Chapel
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ARIZONA MOUNTAIN CAMP

Arizona Mountain Camp (AMC) has something for everyone. Every day you can choose to participate in outdoor worship, small group discussion, lecture, hike, archery, volleyball, crafts, and more.

AMC will be held from **July 3-7** this year. It feels so good to be in temperatures below 87°. We even get the chance to be in a parade! Sunrise Chapel won first place in the 4th of July Summerhaven Parade (most patriotic) in 2012, and already have an idea of our theme for 2013. We will have several blue banners representing water as we sing, "The Star Spangled Banner," and really hit it when we say, "from sea to shining sea!"



Join us for a spiritual retreat while we explore **WATER**: correspondences, meaning and application in our lives, hikes toward water, and fellowship. **Contact Dawn Graffam or Betsy Gladish** for more information.